

# Raven Speaks

Aboriginal Education / School Visitation



Celebrating the Wisdom of the Ancestors.

Spring is just around the corner, and many students and teachers have had a long, long winter indoors. What a great time to plan some outdoor educational experiences to breathe fresh air into the curriculum ....and into the hearts and minds of our students!

The following **Spring Outdoor Education Programs** are Interactive, Informative and Inspiring. Each program supports several curriculum goals while providing a greater understanding of First Nations Culture and reinforcing the land based teachings of Respect, Communication and Sharing.

A hands-on discovery  
of The Natural World



A Perfect  
EARTH  
WEEK  
Celebration.

A Great  
Support for  
ECO  
SCHOOLS

# Spring Outdoor Education Programs

## Outdoor Storytelling



Storytelling is an ancient art form, a powerful method of expression that offers unique benefits towards a students' emotional, psychological and social development. We begin this program by exploring First Nations traditional storytelling where drum and song open our hearts and beckons us to a world of possibility and imagination.

Students are invited to express their own storytelling talents through a "Build a Story" circle exercise that is sure to challenge their minds and tickle their funny bones! A follow up art activity (based on Grade level) such as costume making, clay forms storytelling bag making and other creative expressions conclude this program.

Grade Level: Grades K - 8

- Group Size: Max 40 students
- All materials included

## Medicine Wheel Hop Scotch

In a spirit of CELEBRATION, this program begins with The Sacred Order of Creation – a traditional Ojibwe story that teaches the continuity and interconnectedness of life. Demonstrated through storytelling, drum and song, students explore First Nations Worldview through The Medicine Wheel: 4 directions, 4 seasons, 4 elements, and apply what they've learned in a unique and fun game of "Medicine Wheel Hop scotch".



\*Grade Level: Grades 3 and up.

\* Group Size: Max 60 students

\* All materials included



## Celebrating CEDAR

One of the most popular program choices, this gathering begins with dynamic and interactive storytelling where *The Sacred Order of Creation* is presented. This traditional Ojibwe story reveals the continuity and interconnectedness of life allowing students an opportunity to reflect and relate to the

land. Fresh Cedar is introduced as one of the four sacred medicine plants where students discover how this plant remains at the heart of the history in Canada between First Nations Peoples and pioneers. Tasting Cedar Tea and discovering Nature's toothbrush provides a hands-on experience that is both amusing and unforgettable. As an expression of gratitude to the Earth Mother we conclude with a "Hug and Feed" activity where bird seed ribbons are created and hung around trees.

- Grade Level: Grades 3 and up.
- Group Size: Max 90 students
- All materials included

## The 4 Elements and YOU

In a spirit of RESPONSIBILITY, this interactive gathering begins with the wisdom of the Medicine Wheel. Through an in-depth exploration of the 4 directions, the 4 seasons and the 4 elements, students develop a deep awareness and sense of environmental responsibility as they identify their "Elemental Personality". A traditional Sharing Circle reinforces a sense of identity as they discover how they can create and sustain positive relationships with one another.

This program concludes with an activity where students create their own "Attack of the Litter Bugs Game" a game of skill where players work at omitting the litter bugs and restoring Mother Earth to her natural strength and beauty.

- Grade Level: Grades 5 and up
- Group Size: Max 60 students
- All materials included





## Teachings from the Plant World

In a spirit of RESPECT, this interactive gathering begins with an introduction to the Medicine Wheel, focusing on the 4 Ways of Knowing and 4 Ways of Being and the 4 Sacred Medicine Plants.

Through a traditional Mind, Body and Spirit approach, students learn the role of the Four Sacred Medicine Plants as it relates to First Nations Peoples'. Through observation, smell and touch, students gain an understanding of the contemporary and historical uses of these plants, as well as the spiritual and physical healing abilities these Medicines have to offer.

A Traditional Smudging Celebration and Cedar Tea concludes our gathering.

- Grade Level: Grades 6 and up
- Group Size: Max 60 students
- All materials included



## Turtle Island Teachings



Throughout this program, students learn the legend of THE GREAT FLOOD which amplifies First Nations worldview and how traditional land knowledge is vital to our environment.

Participants are awed as they observe Natures Calendar by identifying the 13 moons and 28 day cycles patterned on turtles back. Further discovery on their individual birth moon intrigues and informs them of their individual personality and unique characteristics. A fun clay art activity follows with a personal pledge to become proud stewards of the land.

- Grade Level: 3 and up
- Group Size: Max 60 students
- All materials included



## Dates, Rates & Details

### DATES

Spring Outdoor Education Programs are offered  
April – June

For date availability and bookings please contact  
Raven directly through e-mail at [outstandingbalance4u@gmail.com](mailto:outstandingbalance4u@gmail.com) or visit



[www.ravenspeaks.ca](http://www.ravenspeaks.ca)

### RATES

One Program / 90-150 minutes: \$550.00

Two Programs (Same day) / 90-150 minutes: \$800.00

### DETAILS

All programs meet the objectives of several curriculum requirements, and  
reinforce school support services in:

#### Curriculum Connections

(Language, Science, Arts, Math, Social Studies, Religion, Health,  
Physical Education)

\*Aboriginal Education (Perspectives)

\*Character Education (Seven Grandfather Teachings)

\*Eco Schools (Environmental Education)

\*Safe Schools (Conflict Prevention)

Please Note: In the event of inclement weather, teachers are asked to provide a  
minimum of 3 hours notice prior to start time, via e-mail.